

ST. PATRICK'S DAY



MARCH 17
Follow a Rainbow to a Pot o' Gold!

Monday, March 16

No School

Tuesday, March 17

No School
Election Day

Wednesday, March 18

Lunch
-Chicken Nuggets & Roll
-BBQ Ribette Sandwich*
-Chef Salad & Bosco Stick
-PBJ Sandwich
Mashed Potatoes & Gravy
Craisins
Cold Milk

Thursday, March 19

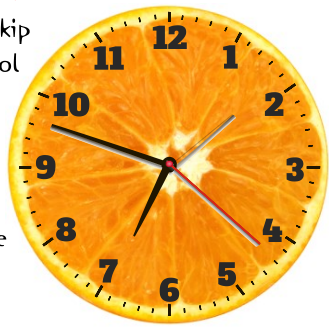
Lunch
-Cheeseburger
-BBQ Grilled Chicken Sandwich
-Italian Salad & Bosco Stick*
-PBJ Sandwich
Fresh Broccoli
Frozen Juice Cup
Cold Milk

Friday, March 20

Lunch
-Cheese Ravioli, Sauce & Bread Stick
-Cheesy Fish Sandwich
-Chef Salad & Bosco Stick
-PBJ Sandwich
Baby Carrots
Fresh Apple
Spring Cookie
Cold Milk

SQUEEZED FOR TIME?

Up to 30% of kids skip breakfast every school day. Even if your mornings are frantic, you'll feel better all day and do better in school, too, if you've had a balanced, nutritious breakfast!



EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

Monday, March 23

Lunch
-Sausage, Egg & Cheese Croissant*
-Sloppy Joe Sandwich
-Popcorn Chicken Salad & Bosco Stick
-PBJ Sandwich
Green Beans
Chilled Pears
Cold Milk

Tuesday, March 24

Lunch
-Orange Chicken & Fried Rice
-Hamburger on Bun
-Italian Salad & Bosco Stick*
-PBJ Sandwich
Steamed Broccoli
Chilled Pineapple
Fortune Cookie
Cold Milk

Wednesday, March 25

Lunch
-Pretzel Sticks, Popcorn Chicken & Queso
-Hot Ham & Cheese Sandwich
-Chef Salad & Bosco Stick
-PBJ Sandwich
Seasoned Carrots
Blue Raspberry Applesauce
Cold Milk

Thursday, March 26

Lunch
-Soft Beef Tacos
-Mini Corn Dogs
-Italian Salad & Bosco Stick*
-PBJ Sandwich
Ranchero Beans
Chilled Peaches
Cold Milk

Friday, March 27

Lunch
-Fish Sticks with Macaroni & Cheese
-Cheese Quesadilla
-Chef Salad & Bosco Stick
-PBJ Sandwich
Sweet Corn
Orange Smiles
Cold Milk

NUTRITION TO GO

Stew is any combination of food cooked slowly in simmering liquid. Stew was one of the first forms of cooked food - stew recipes are found in the oldest existing "cookbook." Stew smells amazing when it's slow-cooking, and eating a bowl of hot stew can really warm you up on a raw and blustery late winter or early spring day, too!

A QUICK BITE FOR PARENTS

Monday, March 30

Lunch
-Pepperoni Pizza*
-Hot & Spicy Chicken Sandwich
-Popcorn Chicken Salad & Bosco Stick
-PBJ Sandwich
Green Beans
Chilled Applesauce
Cold Milk

Tuesday, March 31

Lunch
-French Toast Sticks & Sausage*
-Turkey & Cheese Croissant
-Italian Salad & Bosco Stick*
-PBJ Sandwich
Seasoned Carrots
Chilled Pears
Gogurt Yogurt
Cold Milk

Wednesday, April 1

Lunch
-Cheeseburger
-Corn Dog
-Chef Salad & Bosco Stick
-PBJ Sandwich
Steamed Broccoli
Chilled Peaches
Cold Milk

SPRING

BREAK

